

# **HENRY COUNTY HELPFUL HANDBOOK 2021**

*Originally Compiled by the*  
**FAMILY RESOURCE CENTER**  
**Advisory Council & Volunteers**  
*as the Parents' Helpful Handbook*



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## **CHILD CARE SERVICES**

<b>Child Care Aware (Military Families Only)</b>	<b>703-341-4100</b>
<b>DHS Child Care Resources</b> <i>Provides assistance, income guidelines</i>	<b>731-644-7350</b>
<b>Henry County HeadStart</b>	<b>731-642-4704</b>
<b>Northwest Tennessee Economic Development</b> <i>Headstart, McKenzie, TN</i>	<b>731-352-4743</b>
<b>Tennessee Early Childhood Centers</b> <i>Must Meet eligibility requirements: 3 &amp; 4 year olds</i>	
Henry School (Open 7:15-2:15))	<b>731-243-7114</b>
Lakewood School (Open 7:30-2:30)	<b>731-644-1600</b>
Harrelson School (Open 7:00-2:15)	<b>731-247-3152</b>
<b>TNCares Early Head Start</b> <i>Birth – 3 years</i>	<b>731-644-3470</b>

For a list of licensed child care facilities in Henry County, go to  
[www.childcarecenter.us/tennessee/paristn](http://www.childcarecenter.us/tennessee/paristn)

## **CLOTHING**

**Salvation Army**

**731-642-4105**

**The Shed (Facebook Page)**

**731-642-0961**

**Closet -High School Students**

**731-642-5232**

**Phases to Freedom Consignment**

**731-407-4950**



## **COUNSELING SERVICES**

### **Baptist Behavioral Health Care**

*Union City, TN*

**800-828-4578**

**731-885-2410**

### **Carey Counseling Center**

*408 Virginia St, Paris, TN*

**731-642-0521**

### **Youth Villages**

*Transitional living (18-22 years) not  
handicapped*

**731-641-4141**

### **Hometown Health Clinic**

**731-352-7907**

For a list of individual counselors in private practice or additional information,  
contact the FAMILY RESOURCE CENTER AT 642-2938



## **DENTAL**

*The following Henry County dentists accept TennCare for children and youth under 21*

**Dr. J.B. Johnsonius**

**731-642-8540**

**Orthodontist TennCare**

**615-327-6910**

*Meharry Medical, Nashville, TN*

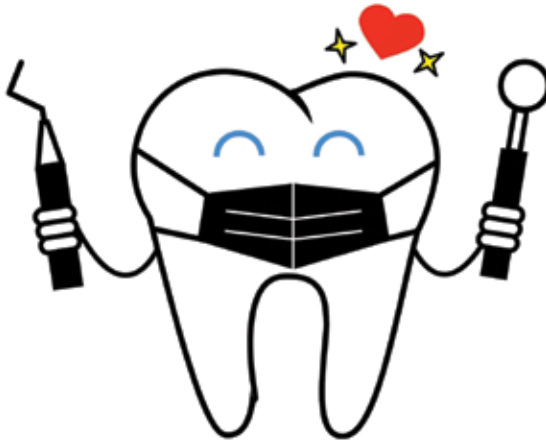
**Western District Baptist Association**

**731-642-4641**

*Services: free dental extractions for seniors and low-income adults. Application forms at Dept. of Human Services*

**Dr. Jeffrey Fletcher/Dr. James Graves**

**731-653-7455**



## **DISABILITIES**

### **Down Syndrome Assn. of West TN**

**731-499-1065**

*Provides support & resources for new parents of children with Down Syndrome*  
[www.dsawt.org](http://www.dsawt.org)

### **TN Early Intervention System**

**800-852-7157**

*Services: support for at-risk children (birth to 3 yrs)*

### **Tennessee Vocational Rehabilitation Center**

**731-644-7361**

*Services: help with employment for adults with disabilities*

### **Social Security Office– Paris**

**1-866-698-2507**

### **Social Security toll free**

**1-800-772-1213**

### **Children's Special Services (CSS)**

**731-642-4025**

*Acts as a secondary insurance for children with physical disabilities, whether they are congenital or acquired for income eligible families.*



## **ABUSE & VIOLENCE**

**Call Sheriff's Dept.**

**731-642-1672**

**Collaborative Response to Elder & Vulnerable Adult Abuse**

**731-587-4023**

*CREVAA provides short term, emergency services to those effected by crime.*

*Agency On Aging & Disability (NWAAAD)*

**WRAP**

**800-273-8712**





## **DRUG AND ALCOHOL ABUSE**

JACO (Jackson Area on Alcoholism and Drug Dependency)	731-423-3653
The Hope Center	931-264-0228
Celebrate Recovery-TVCC	731-641-8822
Phases to Freedom Recovery	731-407-4950



## **EMERGENCY HOUSING**

**Henry County Sheriff's Dept.**

**731-642-1672**

**Ronald McDonald House**

**615-343-4000**

*Nashville, TN*

**Set Free Ministries–Women's Transitional**

**731-227-8821**

**Free Will**

**731-784-9358**

*Humboldt, TN*



## **EMPLOYMENT**

Tennessee Career Center	731-641-1020
Hamilton-Ryker Temporary Services	731-644-2373
Manpower	731-642-0001
@Work Personnel Services	731-407-7792



## **FINANCIAL SERVICES**

### **Clearpoint Financial Solutions**

**800-388-2227**

*Services: Credit Counseling*

### **Department of Human Services**

**731-644-7350**

### **Family Resource Center Benevolence Fund**

**731-642-2938**

### **Lifeline (TN Regulatory Authority)**

#### **Link-Up Tennessee**

*Lifeline Services: discounts on local phone charges, people eligible include those on Medicaid, Food Stamps, and Families First or income guidelines.*

*Link-Up Tennessee Services: assists phone connections*

*Both* **800-342-8359**

### **Northwest Tennessee Economic Development Council**

**731-642-3132**

### **Project HELP**

**731-642-5855**

*Tuesdays & Thursdays 7:00 – 10:00a.m, Electric Bills only*

### **Salvation Army**

**731-642-4105**

*Monday 9:00 a.m.-12:00 noon*

### **Easton's Angels**

**[www.eastonsangels.org](http://www.eastonsangels.org)**

*Helping children with life-altering illnesses*



## **FOOD RESOURCES**

**Paris Henry County Food Bank**  
**55 Jones Bend Road Extended**  
**Paris, Tennessee**

**731-642-3172**

All applicants must be prescreened and added to the daily list.

\*Call M-W-F morning, if approved- pick up is from 3 to 4 P.M.

EMERGENCY FOOD ONLY: Nonperishable food. 3 day supply. Approved individuals may receive food every 90 days.

**First United Methodist Church**  
**101 East Blythe**  
**Paris, Tennessee**

**731-642-4764**

Henry County Residents ONLY.

\*Canned goods= Monday or Friday 11:00 to 12:30 P.M. Every 30 days

\*Perishable foods 2<sup>nd</sup> Harvest= 3<sup>rd</sup> & 4<sup>th</sup> Tuesday at 11:00, no screening necessary.

\*3<sup>rd</sup> Saturday 11:00 (Drive thru during Covid)

**Eastwood Church of Christ**  
**800 East Wood**  
**Paris, Tennessee**

**731-642-2861**

Box of canned food Mon-Fri before 2:30.  
Help is given only once a year.

**Lakeside Christian Fellowship**  
Tuesday 6:00pm-6:30pm  
Henry Co. residents

**731-642-3445 or 731-644-0111**

**Fairview Baptist Church**  
**177 Memorial Drive**  
**Paris, Tennessee**

**731-642-2191**

Nonperishable items, the amount of food is based on the family size. You must fill out an application and supply a photo id. Please call for appointment on Mondays 9:00am-11:00am, food can be picked up from 1:00-3:00pm (same day) if approved.



**New Harmony Baptist Church**  
**7050 Hwy 69 S**  
**Paris, Tennessee**

**731-593-5276 Ext. 304**

2<sup>nd</sup> Harvest Food-3<sup>rd</sup> Tuesday each month at 10 am  
By appointment only, call on Tuesday before.

**Antioch United Methodist Church Food Pantry**      **731-644-1814**  
**Serving Buchanan & Springville area**

Church answering machine, please leave your name and phone number, and speak clearly. (Help within 5 mile radius)

### OTHER HELPFUL NUMBERS:

**DHS-Food Stamps**

**731-644-7350**

**Meals on Wheels**  
**55 Jones Bend Road Extended**  
**Paris, Tennessee**

**731-642-3139**

Meals catered for senior citizens only (60 or older). Must apply prior to being placed on the list. Meals delivered 5 days a week to citizens in Paris, Puryear and Henry. Every day a meal is served at 11:00 in the Central Building for seniors 60 or older. Please call each day for information.

**USDA Food Commodities**  
**55 Jones Bend Road Extended**  
**Paris, Tennessee**

**731-642-3132**

Application is required Income Eligible, once every quarter for pickup. USDA food usually, a box of food (about 75lbs).



## **FOOD**

<b>Food Stamps – Dept. of Human Services</b>	<b>731-644-7350</b>
<b>Meals on Wheels</b> <i>Barbara Pearson 8:30-4:30 p.m. (provides full meals)</i>	<b>731-642-3139</b>
<b>Northwest Economic Development Council</b> Commodities	<b>731-642-3132</b>
<b>New Life Baptist Church, Henry, TN</b>	<b>731-243-2626</b>
<b>Paris-Henry County Food Bank – Screening</b> <b>Services: Food Bank is open M, W, and F from 3-4 p.m.</b> <i>Must call in advance for approval</i> <i>Provides emergency food for 3 days</i>	<b>731-642-3172</b>
<b>First United Methodist Church</b>	<b>731-642-4764</b>



## **HEARING**

### **Henry Tennessee Relay Services**

**800-848-0299**

*Services: telephone relay services for deaf or hearing impaired individuals*

### **Lewis Hearing**

**731-644-1407**

Contact Family Resource Center at 642-2938 for listings of Ear, Nose and Throat Specialists, services for the hearing impaired.





## **HOUSING**

*The following provide income-based public housing*

<b>Crestview Manor</b>	<b>731-642-0544</b>
<b>Brookfield Apartments</b>	<b>731-642-7773</b>
<b>Paris Housing Authority</b>	<b>731-642-4451</b> <b>(fax) 731-642-4496</b>
<b>Wesley Pine Ridge Senior Housing</b>	<b>731-642-7773 or 731-641-8898</b>

*The following are income-limited rental units*

<b>Colony Square</b>	<b>731-644-1786</b>
<b>Park Village Apartments</b>	<b>731-642-3992</b>
<b>Southwood Apartments</b>	<b>731-644-1497</b>
<b>Tyson Park Apartments</b>	<b>731-642-7074</b>
<b>Rentals: Re/Max</b>	<b>731-642-7362</b>
<b>Foundation Bank</b>	<b>731-642-3130</b>
<b>L&amp;D Properties – Letty Hassell</b>	<b>731-336-0034</b>
<b>Tennessee Housing Development Agency</b>	<b>615-815-2200</b>



## **LEGAL SERVICES**

**AARP Grandparent Information Center**

**202-434-2296**

**Money Management International**

**800-966-3328**

**West Tennessee Legal Services**

*Huntingdon, TN*

*Jackson, TN*

**731-986-8976**

**731-423-0616**



## **MEDICATION**

**HCMC Hospice**

**731-642-7600**

**Henry County Healthcare Foundation**

**731-644-8215**

Tina Umstead

*Helps purchase medication for chronic diseases.*

*Chronic Disease Management: must re-evaluate every 3 months*

**Henry Co. Health Dept. Helping Hand Fund**

**731-642-4025**

*Services: pays for medication for children who meet criteria*

**Pharmacy Relief**

**731-642-4025**

*Apply at local health department*

**Salvation Army**

**731-642-4105**



## **MEDICAL SERVICES**

Henry County Healthcare Foundation	731-644-8266
HCMC Home Health & Hospice	731-642-7600
Henry County Health Department	731-642-4025
Henry County Medical Center Sleep Clinic	731-644-8486

### **Medline Plus**

<http://medlineplus.gov>

*Services: health topics, drug information, news*

### **Shriner's Club**

**800-237-5055**

*Services: Children's medical and hospital referral line*

### **Lewis Hearing**

**731-644-1407**

For a list of Pediatricians, contact  
Family Resource Center at 731-642-2938



## **MENTAL ILLNESS**

National Alliance on Mental Illness (NAMI) <a href="mailto:namiparis@namiftn.org">namiparis@namiftn.org</a>	800-467-3589
Suicide Prevention Lifeline	800-273-8255
Lake Haven Behavioral Center	731-644-8420
Carey's Adult Crisis Line	800-353-9918
Youth Villages Youth Crisis Line	866-791-9227
Statewide Crisis Line	855-CRISIS-1 (855-274-7471)



## **PARENTING INFORMATION**

**Family Resource Center**  
*Kindergarten Prep*

**731-642-2938**

**Carl Perkins Center**

**731-642-8455**

**Child Care Resources & Referral (CCR&R):**

**800-858-2738**

**Community Health Access & Navigation  
in TN (CHANT)**

**731-642-4025**

*CHANT Care Coordinator, Casey Wright  
Email: Casey.F.Wright@tn.gov*

*Assistance with navigating medical and  
social services for the following individuals:  
Pregnant and postpartum adolescents  
and women  
Children (Birth – 21 years)  
Children and Youth with Special Health  
Care Needs (Birth – 21 years)*

*Instructions and a listing of local CHANT  
teams are available by accessing the  
website at [www.tn.gov/health/health-  
program-areas/fhw/early-childhood-  
program/chant.html](http://www.tn.gov/health/health-program-areas/fhw/early-childhood-program/chant.html)*



## **PRENATAL/PREGNANCY SERVICES**

**Bright Beginnings at Henry Co. Medical Center**

**731-644-8521**

*Services: childbirth education classes*

**Henry County Health Department**

**731-642-4025**

**Tomorrow's Hope Pregnancy Care Center**

**731-642-0600**



## **SCHOOLS / EDUCATION**

Henry County Ag Extension Office	731-642-2941
Henry County Board of Education	731-642-9733
Lakewood School	731-644-1600
Harrelson School	731-247-3152
Henry Co. High School	731-642-5232
Henry School	731-243-7114
Grove School	731-642-4586
Alternative Learning Center	731-644-8655
Patriot Preschool	731-642-9852
H.C. Virtual Academy	731-642-4586
Adult Education      (JSCC)	731-407-7300
Paris Special School District	
Board of Education	731-642-9322
W.G. Rhea School	731-642-0961
Michelle Brewer – The Shed	731-642-0961
The Family Enrichment Center	731-642-8011
Paris Elementary School	731-642-3675
W.O. Inman School	731-642-8131
Tennessee College of Applied Technology	731-644-7365
W.G. Rhea Library, Paris	731-642-1702
Project Bridge	731-642-3427
409 N. Wilson St. Paris, TN 38242	
projectbridge19@gmail.com	





## **SENIOR CITIZEN PROGRAMS**

**Henry County Office on Aging**  
*Open Monday-Friday, 8:30-4:30*

**731-642-2919**

**Northwest TN Area Agency on Aging**  
*Martin, TN*

**731-587-4213**

*Services: homemakers, caregiver support, home-delivered meals, in-home services, telephone reassurance, public transportation programs, nutrition services.*

**Senior Citizen Center**

**731-642-4566**

*Open 10-4, M-F*

*Services: Education programs and social events*

**HCMC Senior Citizen Program**

**731-644-3463**



## **SUPPORT GROUPS**

Contact FRC for specific information at 642-2938

**211 Confidential Help Line, any problems, 24/7**

**Alcoholics Anonymous (AA Hotline) 877-426-8330 or 800-429-7690**

**Breastfeeding Support Group (HCMC) 731-644-8521**

**Celebrate Recovery – 731-641-8822**

*Christian based program that addresses any hurt, habit or hang-up*

**Meets every Thursday 6:00-8:00 PM at TVCC**

**Meal served at 5:30; free children's program (6 months thru 6<sup>th</sup> grade)**

**www.Compassionate Friends (loss of child- support group)**

**Shedd Academy 270-247-8007**

*Services: educational screening for students with dyslexia, reading, and/or Attention Deficit Disorder*

**Cancer Support Group 731-644-3463**

**Meets 2nd Thursday of each month 11:30-1:00 PM  
at First Presbyterian Church**

**Better Breathers Club 731-644-3463**

**Meets 3rd Monday of each month 2:00-3:00 PM  
in HCMC Cafeteria**

**Alzheimer's Support Group 731-644-3463**

**Meets Monthly  
in HCMC Classrooms 2 & 3**

**DivorceCare 731-336-8281**

**meets spring (January) and fall (September - December)  
Tennessee Valley Community Church**

*13 sessions. Sunday night's 5:00 to 7:00*

*Childcare is provided*

*Chris Grissom - Chris.grissom.racing@gmail.com*



## **TENNCARE**

### **Advocacy Line**

**800-318-2596**

### **Health Insurance Marketplace**

*Access, Uninsured, CoverKids, Cover TN, Health Care Navigation*

### **AmeriGroup – other DHS Services**

**800-600-4441**

### **Bureau of TennCare** *(Ins. Families First)*

**866-311-4287**

### **Family Assistance Service Center**

*Since there are new providers, you need to contact your provider for any changes or appeals.*



## **TRANSPORTATION**

### **Northwest TN Human Resource Agency**

*Services: provides transportation for residents of Henry County*

**731-587-2900**

**877-557-4337**



## VISION

### **Henry County Lions/Lioness Club**

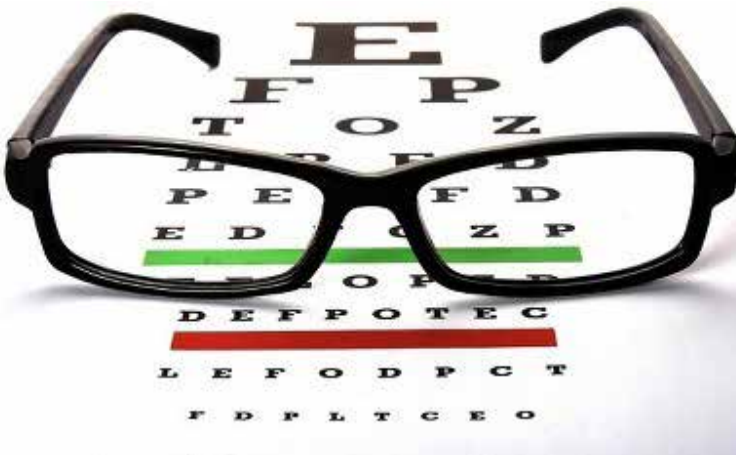
Contact Family Resource Center for application, forms and instructions

### **Vocational Rehabilitation Services**

#### **Division for the Blind**

**731-884-2600**

Services: Provides vocational training for individuals who are visually impaired, or physical or mentally disabled



## **VOLUNTEER OPPORTUNITIES**

**Henry County Volunteer Center**  
(Chamber of Commerce)

**731-642-3431**

**Salvation Army**

**731-642-4105**



## **YOUTH PROGRAMS**

<b>Boxing Program</b> (Derrick Moon)	<b>731-642-4229</b>
<b>Boy Scouts of America</b> (Matt Hayes)	<b>731-707-0431</b>
<b>Civil Air Patrol</b> Henry Co. Airport	<b>731-644-7933</b>
<b>Covenant Ranch</b> <i>Services: Christian facility for youth</i>	<b>731-642-2099</b>
<b>Girl Scouts of America</b> (Wendy Wartten)	<b>731-363-7456</b>
<b>Henry County 4-H Club</b>	<b>731-642-2941</b>
<b>Paris Karate</b>	<b>731-642-7425</b>
<b>Paris Parks and Recreation</b> Paris Civic Center	<b>731-644-2517</b>
<b>Pop Warner Community Football</b> <i>Contact: Lt. Jerry Pearson</i>	<b>(fax) 731-642-1440</b>
<b>R.E.A.L. Hope Youth Center</b>	<b>731-333-1320</b>
<b>Young Life, Fun with a Purpose</b> for 9-12 grade students	<b>731-267-9437</b>



## **Disclaimer**

*The Family Resource Center reserves the right to allocate monies for Programs/Administrative costs within the mission of the FRC.*

Special Thanks To The  
Family Resource Center Volunteers  
For This Revised Edition

For most up-to-date version, go online to  
[www.hcmc-tn.org](http://www.hcmc-tn.org)

