



Every Day!



Summer Camp 2022
Thursday, July 14, 2022
8:30 a.m. to 12 Noon
Atkins Porter Gym ~ Paris, TN

Snacks will be provided. Camp is from 8:30 a.m. to 12 Noon (No early drop offs)
Appropriate clothing including tennis shoes and shorts must be worn and
please bring a water bottle.

This summer camp is designed to teach children about the importance of nutrition, sleep, and exercise to their health with fun activities including exercises, games, interactive learning and handouts. There are only 30 spots available for this FREE camp, geared toward elementary and middle school students, 1st grade through 5th grade. Students will also participate in DrumFit, so students need to be prepared to exercise.

To register for this FREE camp, call the HCMC Find Line at 731-644-3463 or call 731-644-8215. To learn more, go online at www.growwelltn.org.



For more information, visit www.hcmc-tn.org/85210

