

Disclaimer

The Family Resource Center reserves the right to allocate monies for Programs/Administrative costs within the mission of the FRC.

Special Thanks To The
Family Resource Center Volunteers
For This Revised Edition

For the most up-to-date version, go online to
www.hcmc-tn.org



HENRY COUNTY HELPFUL HANDBOOK 2021

Originally Compiled by the
FAMILY RESOURCE CENTER
Advisory Council & Volunteers
as the Parents' Helpful Handbook
Revised August 2021



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YOUTH PROGRAMS

Boxing Program (Derrick Moon)	731-642-4229
Boy Scouts of America (Matt Hayes)	731-707-0431
Civil Air Patrol Henry Co. Airport	731-644-7933
Covenant Ranch <i>Services: Christian facility for youth</i>	731-642-2099
Girl Scouts of America (Wendy Wartten)	731-363-7456
Henry County 4-H Club	731-642-2941
Paris Karate	731-642-7425
Paris Parks and Recreation Paris Civic Center	731-644-2517
Pop Warner Community Football <i>Contact: Lt. Jerry Pearson</i>	(fax) 731-642-1440
R.E.A.L. Hope Youth Center	731-333-1320
Young Life, Fun with a Purpose for 9-12 grade students	731-267-9437



VOLUNTEER OPPORTUNITIES

Henry County Volunteer Center
(Chamber of Commerce)

731-642-3431

Salvation Army

731-642-4105



ABUSE & VIOLENCE

Call Sheriff's Dept.

731-642-1672

Collaborative Response to Elder & Vulnerable Adult Abuse

731-587-4023

CREVAA provides short term, emergency services to those effected by crime.

Agency On Aging & Disability (NWAAAD)

WRAP

800-273-8712



CHILD CARE SERVICES

Child Care Aware (Military Families Only)	703-341-4100
DHS Child Care Resources <i>Provides assistance, income guidelines</i>	731-644-7350
Henry County HeadStart	731-642-4704
Northwest Tennessee Economic Development <i>Headstart, McKenzie, TN</i>	731-352-4743
Tennessee Early Childhood Centers <i>Must Meet eligibility requirements: 3 & 4 year olds</i>	
Henry School (Open 7:15-2:15))	731-243-7114
Lakewood School (Open 7:30-2:30)	731-644-1600
Harrelson School (Open 7:00-2:15)	731-247-3152
TNCares Early Head Start <i>Birth – 3 years</i>	731-644-3470

For a list of licensed child care facilities in Henry County, go to
www.childcarecenter.us/tennessee/paristn

VISION

Henry County Lions/Lioness Club

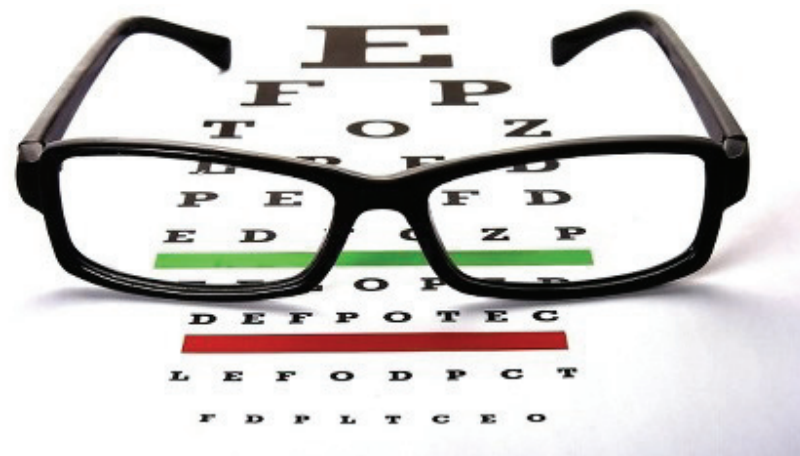
Contact Family Resource Center for application, forms and instructions

Vocational Rehabilitation Services

Division for the Blind

731-884-2600

Services: Provides vocational training for individuals who are visually impaired, or physical or mentally disabled



TRANSPORTATION

Northwest TN Human Resource Agency

Services: provides transportation for residents of Henry County

731-587-2900

877-557-4337



CLOTHING

Salvation Army

731-642-4105

The Shed (Facebook Page)

731-642-0961

Closet -High School Students

731-642-5232

Phases to Freedom Consignment

731-407-4950



COUNSELING SERVICES

Baptist Behavioral Health Care
Union City, TN

800-828-4578
731-885-2410

Carey Counseling Center
408 Virginia St, Paris, TN

731-642-0521

Youth Villages
Transitional living (18-22 years) not
handicapped

731-641-4141

Hometown Health Clinic

731-352-7907

For a list of individual counselors in private practice or additional information,
contact the FAMILY RESOURCE CENTER AT 642-2938



TENNCARE

Advocacy Line
Health Insurance Marketplace
Access, Uninsured, CoverKids, Cover TN, Health Care Navigation

800-318-2596

AmeriGroup – other DHS Services

800-600-4441

Bureau of TennCare (Ins. Families First)
Family Assistance Service Center

866-311-4287

Since there are new providers, you need to contact your provider for
any changes or appeals.



SUPPORT GROUPS

Contact FRC for specific information at 642-2938

211 Confidential Help Line, any problems, 24/7

Alcoholics Anonymous (AA Hotline) 877-426-8330 or 800-429-7690

Breastfeeding Support Group (HCMC) 731-644-8521

Celebrate Recovery – 731-641-8822

Christian based program that addresses any hurt, habit or hang-up

Meets every Thursday 6:00-8:00 PM at TVCC

Meal served at 5:30; free children's program (6 months thru 6th grade)

www.Compassionate Friends (loss of child- support group)

Shedd Academy 270-247-8007

Services: educational screening for students with dyslexia, reading, and/or Attention Deficit Disorder

Cancer Support Group 731-644-3463

**Meets 2nd Thursday of each month 11:30-1:00 PM
at First Presbyterian Church**

Better Breathers Club 731-644-3463

**Meets 3rd Monday of each month 2:00-3:00 PM
in HCMC Cafeteria**

Alzheimer's Support Group 731-644-3463

**Meets Monthly
in HCMC Classrooms 2 & 3**

DivorceCare 731-336-8281

**meets spring (January) and fall (September - December)
Tennessee Valley Community Church**

13 sessions. Sunday night's 5:00 to 7:00

Childcare is provided

Chris Grissom - Chris.grissom.racing@gmail.com



DENTAL

The following Henry County dentists accept TennCare for children and youth under 21

Dr. J.B. Johnsonius 731-642-8540

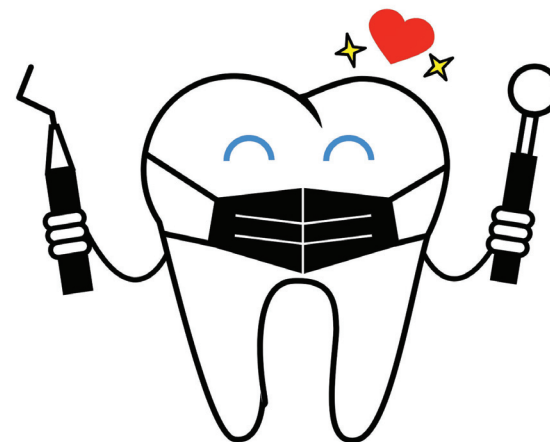
Orthodontist TennCare 615-327-6910

Meharry Medical, Nashville, TN

Western District Baptist Association 731-642-4641

Services: free dental extractions for seniors and low-income adults. Application forms at Dept. of Human Services

Dr. Jeffrey Fletcher/Dr. James Graves 731-653-7455



DISABILITIES

Down Syndrome Assn. of West TN 731-499-1065

Provides support & resources for new parents of children with Down Syndrome
www.dsawt.org

TN Early Intervention System 800-852-7157

Services: support for at-risk children (birth to 3 yrs)

Tennessee Vocational Rehabilitation Center 731-644-7361

Services: help with employment for adults with disabilities

Social Security Office– Paris 1-866-698-2507

Social Security toll free 1-800-772-1213

Children's Special Services (CSS) 731-642-4025

Acts as a secondary insurance for children with physical disabilities, whether they are congenital or acquired for income eligible families.



SENIOR CITIZEN PROGRAMS

Henry County Office on Aging 731-642-2919

Open Monday-Friday, 8:30-4:30

Northwest TN Area Agency on Aging 731-587-4213

Martin, TN

Services: homemakers, caregiver support, home-delivered meals, in-home services, telephone reassurance, public transportation programs, nutrition services.

Senior Citizen Center 731-642-4566

Open 10-4, M-F

Services: Education programs and social events

HCMC Senior Citizen Program 731-644-3463



SCHOOLS / EDUCATION

Henry County Ag Extension Office	731-642-2941
Henry County Board of Education	731-642-9733
Lakewood School	731-644-1600
Harrelson School	731-247-3152
Henry Co. High School	731-642-5232
Henry School	731-243-7114
Grove School	731-642-4586
Alternative Learning Center	731-644-8655
Patriot Preschool	731-642-9852
H.C. Virtual Academy	731-642-4586
Adult Education (JSCC)	731-407-7300
Paris Special School District	
Board of Education	731-642-9322
W.G. Rhea School	731-642-0961
Michelle Brewer – The Shed	731-642-0961
The Family Enrichment Center	731-642-8011
Paris Elementary School	731-642-3675
W.O. Inman School	731-642-8131
Tennessee College of Applied Technology	731-644-7365
W.G. Rhea Library, Paris	731-642-1702
Project Bridge	731-642-3427
409 N. Wilson St. Paris, TN 38242	
projectbridge19@gmail.com	



DRUG AND ALCOHOL ABUSE

JACOBA (Jackson Area on Alcoholism and Drug Dependency)	731-423-3653
The Hope Center	931-264-0228
Celebrate Recovery-TVCC	731-641-8822
Phases to Freedom Recovery	731-407-4950



EMERGENCY HOUSING

Henry County Sheriff's Dept.	731-642-1672
Ronald McDonald House Nashville, TN	615-343-4000
Set Free Ministries–Women's Transitional	731-227-8821
Free Will Humboldt, TN	731-784-9358



PRENATAL/PREGNANCY SERVICES

Bright Beginnings at Henry Co. Medical Center <i>Services: childbirth education classes</i>	731-644-8521
Henry County Health Department	731-642-4025
Tomorrow's Hope Pregnancy Care Center	731-642-0600



PARENTING INFORMATION

Family Resource Center <i>Kindergarten Prep</i>	731-642-2938
Carl Perkins Center	731-642-8455
Child Care Resources & Referral (CCR&R):	800-858-2738
Community Health Access & Navigation in TN (CHANT) <i>CHANT Care Coordinator, Casey Wright</i> <i>Email: Casey.F.Wright@tn.gov</i>	731-642-4025

Assistance with navigating medical and social services for the following individuals:
Pregnant and postpartum adolescents and women
Children (Birth – 21 years)
Children and Youth with Special Health Care Needs (Birth – 21 years)

Instructions and a listing of local CHANT teams are available by accessing the website at www.tn.gov/health/health-program-areas/fhw/early-childhood-program/chant.html



EMPLOYMENT

Tennessee Career Center	731-641-1020
Hamilton-Ryker Temporary Services	731-644-2373
Manpower	731-642-0001
@Work Personnel Services	731-407-7792



FINANCIAL SERVICES

Clearpoint Financial Solutions 800-388-2227
Services: Credit Counseling

Department of Human Services 731-644-7350

Family Resource Center Benevolence Fund 731-642-2938

Lifeline (TN Regulatory Authority)

Link-Up Tennessee

Lifeline Services: discounts on local phone charges, people eligible include those on Medicaid, Food Stamps, and Families First or income guidelines.

Link-Up Tennessee Services: assists phone connections Both 800-342-8359

Northwest Tennessee Economic Development Council 731-642-3132

Project HELP 731-642-5855
Tuesdays & Thursdays 7:00 – 10:00a.m, Electric Bills only

Salvation Army 731-642-4105
Monday 9:00 a.m.-12:00 noon

Easton's Angels
www.eastonsangels.org
Helping children with life-altering illnesses



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MENTAL ILLNESS

National Alliance on Mental Illness (NAMI) 800-467-3589
namiparis@namiitn.org

Suicide Prevention Lifeline 800-273-8255

Lake Haven Behavioral Center 731-644-8420

Carey's Adult Crisis Line 800-353-9918

Youth Villages Youth Crisis Line 866-791-9227

Statewide Crisis Line 855-CRISIS-1
(855-274-7471)



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MEDICAL SERVICES

Henry County Healthcare Foundation 731-644-8266

HCMC Home Health & Hospice 731-642-7600

Henry County Health Department 731-642-4025

Henry County Medical Center Sleep Clinic 731-644-8486

Medline Plus

<http://medlineplus.gov>

Services: health topics, drug information, news

Shriner's Club

Services: Children's medical and hospital referral line

800-237-5055

Lewis Hearing

731-644-1407

For a list of Pediatricians, contact
Family Resource Center at 731-642-2938



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FOOD RESOURCES

Paris Henry County Food Bank 731-642-3172

55 Jones Bend Road Extended

Paris, Tennessee

All applicants must be prescreened and added to the daily list.

*Call M-W-F morning, if approved- pick up is from 3 to 4 P.M.

EMERGENCY FOOD ONLY: Nonperishable food. 3 day supply. Approved individuals may receive food every 90 days.

First United Methodist Church

731-642-4764

101 East Blythe

Paris, Tennessee

Henry County Residents ONLY.

*Canned goods= Monday or Friday 11:00 to 12:30 P.M. Every 30 days

*Perishable foods 2nd Harvest= 3rd & 4th Tuesday at 11:00, no screening necessary.

*3rd Saturday 11:00 (Drive thru during Covid)

Eastwood Church of Christ

731-642-2861

800 East Wood

Paris, Tennessee

Box of canned food Mon-Fri before 2:30.
Help is given only once a year.

Lakeside Christian Fellowship

731-642-3445 or 731-644-0111

Tuesday 6:00pm-6:30pm

Henry Co. residents

Fairview Baptist Church

731-642-2191

177 Memorial Drive

Paris, Tennessee

Nonperishable items, the amount of food is based on the family size. You must fill out an application and supply a photo id. Please call for appointment on Mondays 9:00am-11:00am, food can be picked up from 1:00-3:00pm (same day) if approved.



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New Harmony Baptist Church
7050 Hwy 69 S
Paris, Tennessee

731-593-5276 Ext. 304

2nd Harvest Food-3rd Tuesday each month at 10 am
By appointment only, call on Tuesday before.

Antioch United Methodist Church Food Pantry **731-644-1814**
Serving Buchanan & Springville area

Church answering machine, please leave your name and phone number, and speak clearly. (Help within 5 mile radius)

OTHER HELPFUL NUMBERS:

DHS-Food Stamps **731-644-7350**

Meals on Wheels **731-642-3139**
55 Jones Bend Road Extended
Paris, Tennessee

Meals catered for senior citizens only (60 or older). Must apply prior to being placed on the list. Meals delivered 5 days a week to citizens in Paris, Puryear and Henry. Every day a meal is served at 11:00 in the Central Building for seniors 60 or older. Please call each day for information.

USDA Food Commodities **731-642-3132**
55 Jones Bend Road Extended
Paris, Tennessee

Application is required Income Eligible, once every quarter for pickup. USDA food usually, a box of food (about 75lbs).



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MEDICATION

HCMC Hospice **731-642-7600**

Henry County Healthcare Foundation **731-644-8215**

Tina Umstead

Helps purchase medication for chronic diseases.

Chronic Disease Management: must re-evaluate every 3 months

Henry Co. Health Dept. Helping Hand Fund **731-642-4025**

Services: pays for medication for children who meet criteria

Pharmacy Relief **731-642-4025**

Apply at local health department

Salvation Army **731-642-4105**



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LEGAL SERVICES

AARP Grandparent Information Center 202-434-2296

Money Management International 800-966-3328

West Tennessee Legal Services
Huntingdon, TN 731-986-8976
Jackson, TN 731-423-0616



FOOD

Food Stamps – Dept. of Human Services 731-644-7350

Meals on Wheels 731-642-3139
Barbara Pearson 8:30-4:30 p.m. (provides full meals)

Northwest Economic Development Council 731-642-3132
Commodities

New Life Baptist Church, Henry, TN 731-243-2626

Paris-Henry County Food Bank – Screening 731-642-3172
Services: Food Bank is open M, W, and F from 3-4 p.m.
Must call in advance for approval
Provides emergency food for 3 days

First United Methodist Church 731-642-4764



HEARING

Henry Tennessee Relay Services

800-848-0299

Services: telephone relay services for deaf or hearing impaired individuals

Lewis Hearing

731-644-1407

Contact Family Resource Center at 642-2938 for listings of Ear, Nose and Throat Specialists, services for the hearing impaired.



HOUSING

The following provide income-based public housing

Crestview Manor

731-642-0544

Brookfield Apartments

731-642-7773

Paris Housing Authority

731-642-4451
(fax) **731-642-4496**

Wesley Pine Ridge Senior Housing

731-642-7773 or 731-641-8898

The following are income-limited rental units

Colony Square

731-644-1786

Park Village Apartments

731-642-3992

Southwood Apartments

731-644-1497

Tyson Park Apartments

731-642-7074

Rentals: Re/Max Foundation Bank

731-642-7362
731-642-3130

L&D Properties – Letty Hassell

731-336-0034

Tennessee Housing Development Agency

615-815-2200

