#### Lachelle Moss, FNP Nurse Practitioner

Lachelle Moss began working in the medical field in 2003 as a Medical Lab Technician.

After graduating nursing school in 2010, she worked primarily on the medical-surgical floor



as a floor and charge nurse before starting at the Cardiopulmonary Rehab Unit at Regional Hospital of Jackson. She also worked PRN in OB-GYN. She became a Family Nurse Practitioner in 2016, after which she began working with Dr. James Carruth and Dr. Larry Carruth at the Pulmonary Medicine Clinic of Jackson. Starting in 2019 at Henry County Medical Center, she began working with Dr. James Carruth in the hospital and Paris Pulmonary Clinic.



Scan the QR code with your phone to view Lachelle Moss' video profile.

### James Carruth, MD Pulmonology

Medical services for the Paris Pulmonary Clinic are provided by Dr. James Carruth. He has over 25 years of experience in the medical field. He graduated in 1985 from the University of



Tennessee at Martin with a Bachelor of Science degree. He attended East Tennessee State University James H. Quillen College of Medicine. He received his medical degree from East Tennessee State University in 1990 and completed his post-graduate work, including his internship, residency, and fellowship, at the University of Arkansas. He returned to West Tennessee to help provide hospital coverage with his brother in Jackson, Tennessee, and in June of 1996, he joined his brother in practice full-time. He started the Paris Pulmonary Clinic at Henry County Medical Center in April of 2019. Dr. Carruth is certified by the American Board of Internal Medicine and is board-eligible for certification in Pulmonary Medicine. He is also a member of the American College of Chest Physicians.



Scan the QR code with your phone to view Dr. Carruth's video profile.



## HCMC Paris Pulmonary Clinic



Monday – Thursday: 8 am to 5 pm Friday: 8 am to noon (NURSE phone calls only; no appointments)

HCMC Medical Arts Building 300 Hospital Circle, Suite 201 Paris, Tennessee 38242 731-641-2765 www.hcmc-tn.org



It is the policy of Henry County Medical Center and its affiliates to treat all patients and not to discriminate with regard to race, color, religion, national origin, age, sex, sexual orientation, gender identity or expression, or disability.





# Welcome to HCMC Paris Pulmonary Clinic

HCMC Paris Pulmonary Clinic is a specialty clinic that focuses on the prevention, diagnosis, and management of pulmonary diseases in adult patients and is located in the HCMC Medical Arts Building at 300 Hospital Circle, Suite 201. Patients are required to have a referral from their primary care provider to schedule an appointment.

We utilize up-to-date diagnostic equipment, procedures, and methods while working closely with your primary care physician and provide you a fully informed health care plan. We are delighted you have chosen Paris Pulmonary Clinic for your pulmonary health care needs.

We are committed to providing our patients high-quality, comprehensive, and compassionate health care. We pride ourselves on our personal touch.

#### Services Provided

- Office visits
- Pulmonary function tests
- X-rays
- Vaccines
- Lab draws
- Injections
- Life port flushes
- Tobacco cessation services

#### What to bring to your newpatient appointment:

- Picture ID
- All insurance cards
- Up-to-date medicine list or medicines
- Any paperwork that was mailed

#### What is pulmonology?

Pulmonology is a field of medicine that focuses specifically on diagnosing and treating disorders of the respiratory system.



## What conditions do pulmonologists treat? Conditions pulmonologists commonly treat include:

- asthma
- bronchiectasis, a condition that involves inflammation and excess mucus
- bronchitis, which happens when you have inflamed lower airways
- chronic obstructive pulmonary disease (COPD), which causes an airflow blockage
- emphysema, which happens when the alveoli in your lungs are damaged
- interstitial lung diseases, which affect the space and tissue within the lung
- occupational lung diseases, which can occur due to the inhalation of dusts, chemicals, or proteins
- obstructive sleep apnea, which causes your breathing to slow or stop entirely when you're sleeping

#### What procedures do pulmonologists use?

Pulmonologists can use and interpret exams and tests to help determine a lung-related diagnosis. These may include the following:

- CT scan to get detailed images of the bones, muscles, fat organs, and blood vessels in your chest
- chest fluoroscopy, an X-ray test to see how well your lungs are functioning
- chest ultrasound to examine the organs and other chest structures
- pleural biopsy to remove a small tissue sample from the pleura, which is the membrane that surrounds your lungs
- pulmonary function test, a breathing test to see how well your lungs are working
- pulse oximetry test to determine the oxygen saturation level in your blood
- thoracentesis to remove and sample fluid from around your lungs
- chest tube to remove air or fluid from around your lungs
- bronchoscopy to examine your airway and determine if you have any issues

#### When should you see a pulmonologist?

If you're having any unusual symptoms, you should meet with your primary care doctor. Your Provider will perform a medical exam and assess your overall condition. You may be referred to a pulmonologist if you:

- have difficulty breathing
- have a persistent cough
- regularly cough up blood or mucus
- smoke
- have unexplained weight loss
- have trouble exercising due to breathing problems