

# PATIENT HEALTH ASSESSMENT

Patient Name: \_\_\_\_\_

Date of Admission or Procedure: \_\_\_\_\_

## PATIENT INSTRUCTIONS:

**Please complete all sections on each page or have someone complete it for you. Answer by CIRCLING when appropriate. Please bring this completed form with you to your Preadmission Testing appointment.**

## PERSONAL INFORMATION

Patient Name: \_\_\_\_\_

Admitting Physician or Surgeon: \_\_\_\_\_

Person providing information: self spouse parent child other \_\_\_\_\_

Relationship: \_\_\_\_\_ Date: \_\_\_\_\_

Language spoken: English Spanish Other \_\_\_\_\_

Is an interpreter needed? YES NO

Name and phone # of interpreter: \_\_\_\_\_

Do you have a living will? YES NO UNKNOWN

Do you have a durable power of attorney for healthcare? YES NO UNKNOWN

If "yes": Name Phone # \_\_\_\_\_

(If "yes" to above question, please bring a copy to the hospital on admission.)

Are you an Organ Donor? YES NO UNKNOWN

Primary Physician Name: \_\_\_\_\_ Phone # \_\_\_\_\_

**REASON FOR ADMISSION (please describe):** Surgery Physical Therapy Speech Therapy

Other \_\_\_\_\_

## ANY IMPLANTS/ DEVICES/PUMP/ STIMULATOR IN YOUR BODY

YES (TYPE) \_\_\_\_\_ NO

## ALLERGIES

NONE MEDICATIONS LATEX FOOD OTHER

**List Allergies and Reactions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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# PATIENT HEALTH ASSESSMENT

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Height \_\_\_\_\_ Current weight \_\_\_\_\_ Actual \_\_\_\_\_ Estimated \_\_\_\_\_ Weight 1 yr. ago \_\_\_\_\_

**Alcohol Use:** Denies Current Past  
 beer liquor wine Other: \_\_\_\_\_  
 Drinks socially \_\_\_\_\_ per day \_\_\_\_\_ per week

**Tobacco use:** Denies Current Past  
 cigarettes cigars pipe chew

How many cigarettes do you smoke a day? \_\_\_\_\_

Do you have a cigarette within one hour of awakening? YES NO

**Illicit drug use:** Never Past Now

**Are you undergoing any treatments:** Not applicable

Chemotherapy Radiation Peritoneal Dialysis Dialysis Antibiotics in past month

Other \_\_\_\_\_

**Immunizations:**

Tetanus/Yr \_\_\_\_\_ Flu vaccine/Yr \_\_\_\_\_ Pneumonia vaccine/ Yr \_\_\_\_\_

Other/Yr \_\_\_\_\_

**Medications taken regularly** (Prescription, over the counter, home remedies): None

Name of medication	Dose (Amount you Take)	How many times a day

List additional medications on additional sheet of paper

**Herbal preparations:** \_\_\_\_\_

Have you had any changes in medication in the past 30 days? YES NO

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**RESPIRATORY/LUNGS:**

**NO PROBLEMS**

Asthma	Loud snoring	CPAP	COPD
Sleep apnea	Cancer _____	Pneumonia	TB
Chronic bronchitis	Positive TB test	Tracheotomy	
Chronic cough/cough with mucus	Recent cold or flu	Wheezing	
Emphysema	Shortness of breath	Home Qxygen	

**VASCULAR/HEART:**

**NO PROBLEMS**

Abnormal EKG	Heart attack	Palpitations	Pacemaker
Blood clots	Heart blockage	Phlebitis	
Cancer _____	Heart murmur	Swelling of feet/ankles/legs	
Chest pain	High/Low blood pressure	Valve disorder	
Chest Pressure	Internal defibrillator	Varicose veins	
Circulation problems	Irregular heart beat	Other _____	

**NEUROLOGICAL/BRAIN/SPINAL CORD**

**NO PROBLEMS**

Fainting episodes	Alzheimers	Fainting	Seizures
Back pain	Frequent headache	Severe headaches	
Cancer _____	Memory problems	Speech slurred	
Difficulty learning	Mini stroke	Stroke	
Difficulty speaking	Neck pain	Tingling of arm/leg	L R
Difficulty with balance	Numbness	Weakness	
Dizziness	Paralysis of arm/leg L R	Other _____	

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**GASTROINTESTINAL/BOWEL/DIGESTIVE:**

**NO PROBLEMS**

Bowel obstruction	Crohn's disease	Irritable bowel	Weight Loss _____
Cancer _____	Excessive burping	Jaundice	Colostomy
Chronic diarrhea	Heartburn	Pancreatitis	Hiatal Hernia
Cirrhosis of liver	Hemorrhoids	Rectal bleeding	Ulcer
Colitis	Hepatitis	Nausea/vomiting	Other _____
Diverticulum	Reflux/GERD		

**MUSKULOSKELETAL:**

**NO PROBLEMS**

Constipation	Iliostomy	Amputations _____
Arthritis	Lupus	Sciatica
Artificial joint(s)	Muscle disease	TMJ pain or jaw disorder
Cancer _____	Muscle weakness	Fracture
Osteoporosis	Gout	Pins, Rods, Internal Fixators
Fibromyalgia	Other _____	

<b>ENDOCRINE:</b>	<b>BLOOD:</b>
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**NO PROBLEMS**

Cancer _____	
Diabetes	Hormone disorder
Low blood sugar	Thyroid disorder
Other _____	

**NO PROBLEMS**

Anemia	Immunosuppressed
Blood transfusion	Easy bruising
Cancer _____	
Frequent nose bleeds	

**PSYCHIATRIC:**

**NO PROBLEMS**

Anger	Eating disorder	Schizophrenia	Anxiety
Hallucinations	Suicide attempt	Dementia	Manic depression
Depression	Mood swings	Other _____	

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**SKIN:**

**NO PROBLEMS**

Bed sore	Shingles	Ulcerations	Rashes
Non-healing sores	Skin Cancer	Psoriasis	Skin Disorder
Other _____			

**URINARY/REPRODUCTIVE**

**NO PROBLEMS**

Blood in urine	Loss of control
Burning	Pain
Cancer _____	Prostate Problems (males)
Difficult urination	Self Catheterization
Frequent urination	Sexually transmitted diseases
Urinary Diversion	
Infections	Urinary catheter (presently)
Kidney stones	Ureterostomy

**Females:**

Last Menstrual period: \_\_\_\_\_

Pregnant:

Yes                  No                  Unsure

Weeks pregnant \_\_\_\_\_

Due Date \_\_\_\_\_

Breast Feeding

**EYES/EARS/NOSE/THROAT:**

**NO PROBLEMS**

Blind	Deaf	Hearing impairment
Cancer	Deviated septum	ringing in ears
Cataracts	Glasses	Sinus problems
Contact lenses	Glaucoma	TTY needed
Corneal Implants	Hearing aids	

**OPERATION PROCEDURES:      None**

List all surgeries and approximate dates:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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<b>ANESTHESIA:</b>	<b>DENTAL HISTORY:</b>
--------------------	------------------------

**NO PROBLEMS**

- Never had anesthesia
- You or a blood relative had unexplained fever right after surgery (malignant Hyperthermia)
- Difficult intubation, problems with airway/breathing
- Difficulty waking up from anesthesia
- You required ventilator after surgery
- Blood relative required ventilator after surgery
- Severe nausea after surgery

**NO PROBLEMS**

- Braces
  - Broken Teeth
  - Caps
  - Loose Teeth
  - Implants
  - Missing Teeth
- Dentures:**  
**Upper:** *Full    Partial*  
**Lower:** *Full    Partial*

<b>NUTRITION:</b>
-------------------

**NO PROBLEMS**

- Special Diet:**                      No restrictions
- |                        |                   |               |            |
|------------------------|-------------------|---------------|------------|
| Cardiac                | Diabetic          | Kosher        | Thick It   |
| Chopped/soft           | Feeding tube      | Low salt diet | Vegetarian |
| Cultural-specific diet | Fluid restriction | Renal         |            |
- Have you lost weight recently without trying?    No    Unsure    Yes
- If yes, how much weight have you lost?            1-5 lbs (1 point)    6-10 lbs (2 points)    11-15 lbs (3 points)
- > 15 lbs (4 points)    Unsure(2 points)
- Have you been eating poorly because of a decreased appetite?
- No (0 points)    Yes (1 point)                      Total screening score: \_\_\_\_\_

<b>ADJUSTMENT TO ILLNESS:</b>
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**Request for Support or Counseling: Please check all those that apply.**

- |                   |                  |                    |               |
|-------------------|------------------|--------------------|---------------|
| Coping strategies | Medical advocate | Psychiatric crisis | Support group |
| Family issues     | Pastoral Care    | Social Work        | Work issues   |

Are there any cultural, religious, or spiritual beliefs that we need to know in order to provide care for you?  
Yes    No

Are there any spiritual needs that we need to address while you are in the hospital?  
Yes    No

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**DISCHARGE/DISPOSITION:** **SELF CARE:** No problems

**Living Arrangements – Patient lives in: Needs help with:**

- Apartment
- House
- Personal care facility
- Skilled nursing facility
- Long term care facility
- \_\_\_\_\_

- Bathing
- Cooking
- Dressing
- Eating
- Homemaking
- Toileting
- \_\_\_\_\_

**Patient lives with:**

- Alone
- Adult Child
- Parent
- Private aide
- Sibling Home
- Spouse
- Friend/Other

Name of Person: \_\_\_\_\_

Phone # \_\_\_\_\_

**Support available at home:**

- Full-time
- Part-time
- Undetermined
- No help available

**Place patient is planning to go at discharge:**

- Home
- Preadmission Residence
- Rehab Facility \_\_\_\_\_

**Person Responsible for transportation home:**

Name of Person: \_\_\_\_\_

Phone # \_\_\_\_\_

Has 24-hour companion at home: Yes No

- Family
- Friend
- Spouse
- Attendant (private aide)

\_\_\_\_\_

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## CURRENT HOME CARE SERVICES/EQUIPMENT:

### NOT APPLICABLE

Day Care	Nursing Care	Physical Therapy	Speech Therapy
Hospice	Occupational Therapy	Social Worker	Assisted Living

Name of Agency: \_\_\_\_\_

### Patient Uses:

Cane	Hospital bed	Wheelchair
Commode	Oxygen Therapy	Name of company: _____

## MOBILITY/ACTIVITY:

Grab bar	Tub bench	Walker
Ambulatory / Walks well alone	Independent	Requires assistance

### Supervision:

Minimal  
Moderate  
Maximum  
Patient is bed bound

### Assistive Devices Used:

Cane	Walker
Crutches	Wheeled walker
Hemicane	Wheelchair

\_\_\_\_\_

### Prosthetic device:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Communications level/Devices:

Normal                      Impaired

### Please state anything else you think we should know:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_