

Blood Pressure Checks



Chronic Disease Management Screening

11/11/2020, 7:00 AM at HCMC Classrooms 2 & 3

11/3/2020, 9:00 AM at Henry County Office on Aging

Blood Pressure Checks

11/17/2020, 9:00 AM at Henry County Office on Aging

Join us for the following Facebook Live Lunch to

Learns:

11/10/2020, 12:00 PM: Home Health vs.

Hospice Care, Presented by Cynthia Stigall,

Director of HCMC Home Health and Hospice and Denise Brogdon, Supervisor of Hospice • 11/17/2020, 12:00 PM: "Too Busy to Be Dizzy -

When To Worry When You Become Dizzy",

Presented by Amanda Finley, DO, Hospitalist

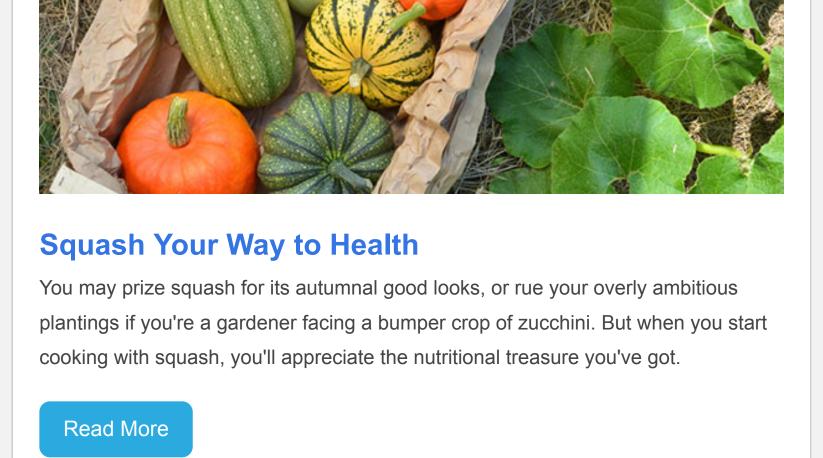
Visit https://www.hcmc-tn.org/topic/events/ for updates on classes, events, and screenings.



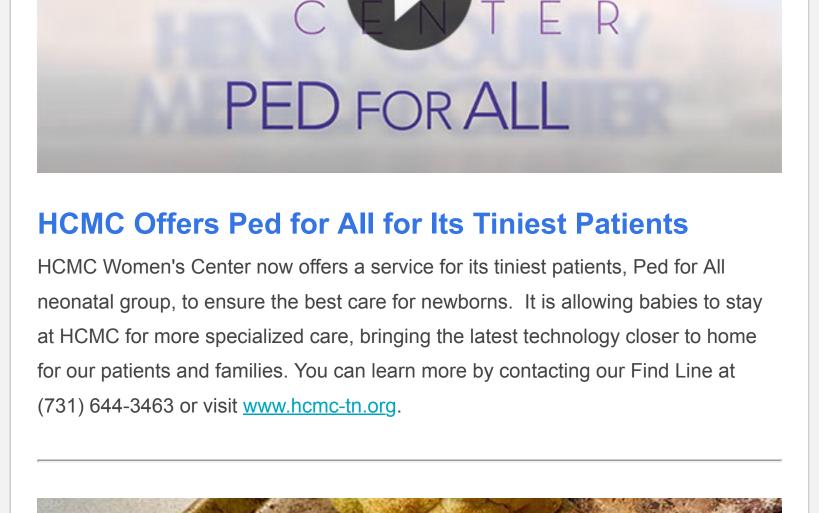
tipping against cervical cancer. Primarily caused by the human papillomavirus (HPV), cervical cancer strikes approximately 13,000 women annually and kills as

If an ounce of prevention is worth a pound of cure, then the scales are definitely

many as 4,000 each year, according to the National Cervical Cancer Coalition. While those numbers are sobering, the good news is that new research is making it possible to ward off HPV, drastically lessening the chance of developing cervical cancer. Read More



Spotlight





Roasted Cauliflower Three Ways (Italian, Mexican, Indian) Cauliflower contains unique plant compounds that may reduce the risk of heart disease and cancer. Learn how to roast cauliflower, plus three delicious variations! You'll find Italian, Mexican, and Indian-inspired versions within this roasted

Read Full Recipe

cauliflower recipe.









