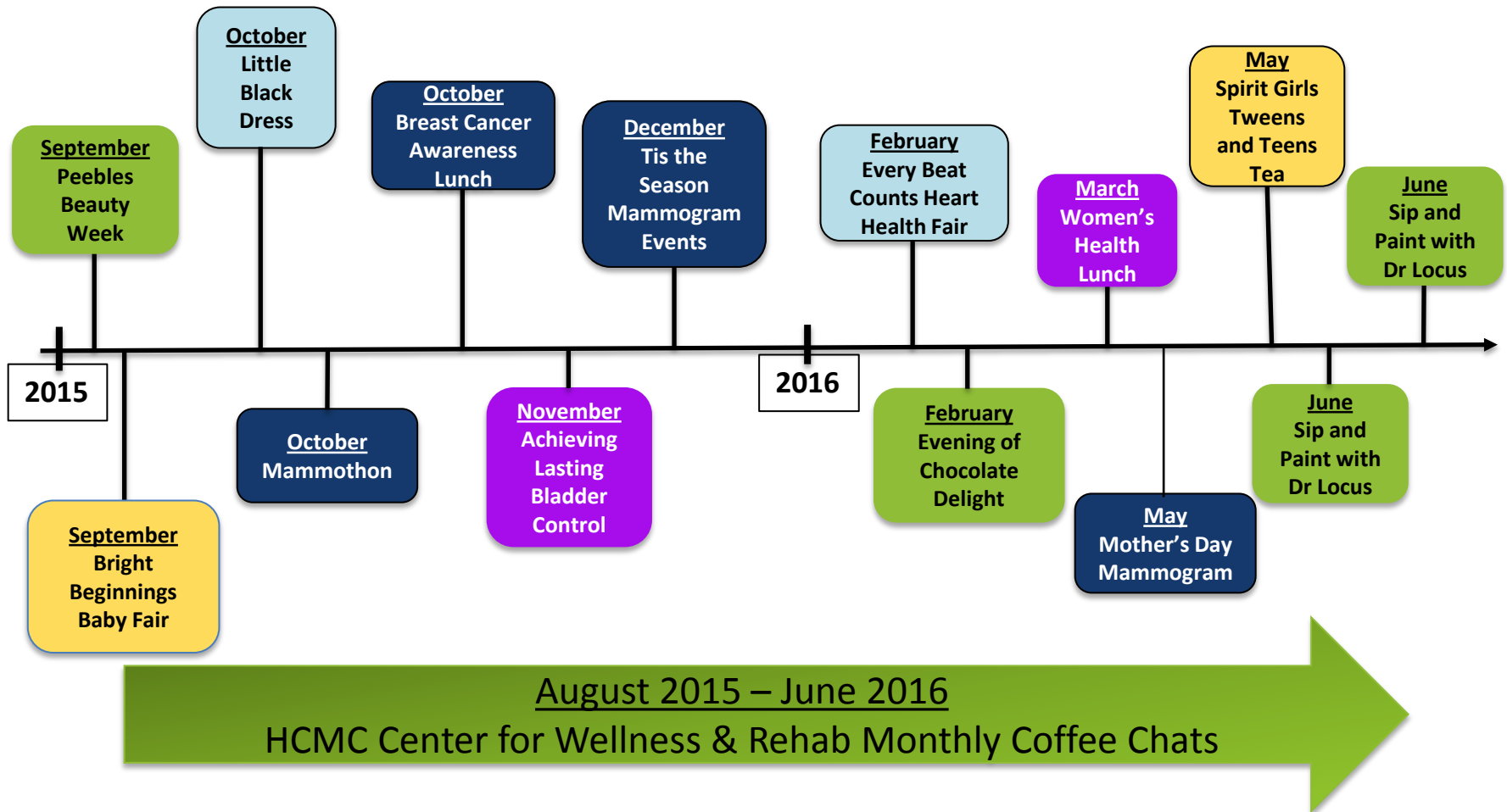


Connecting to Our Community FY2016 & FY2017

FY2016 Henry County Medical Center Program Timeline

Consistent Outreach = Consistent Consumer Involvement



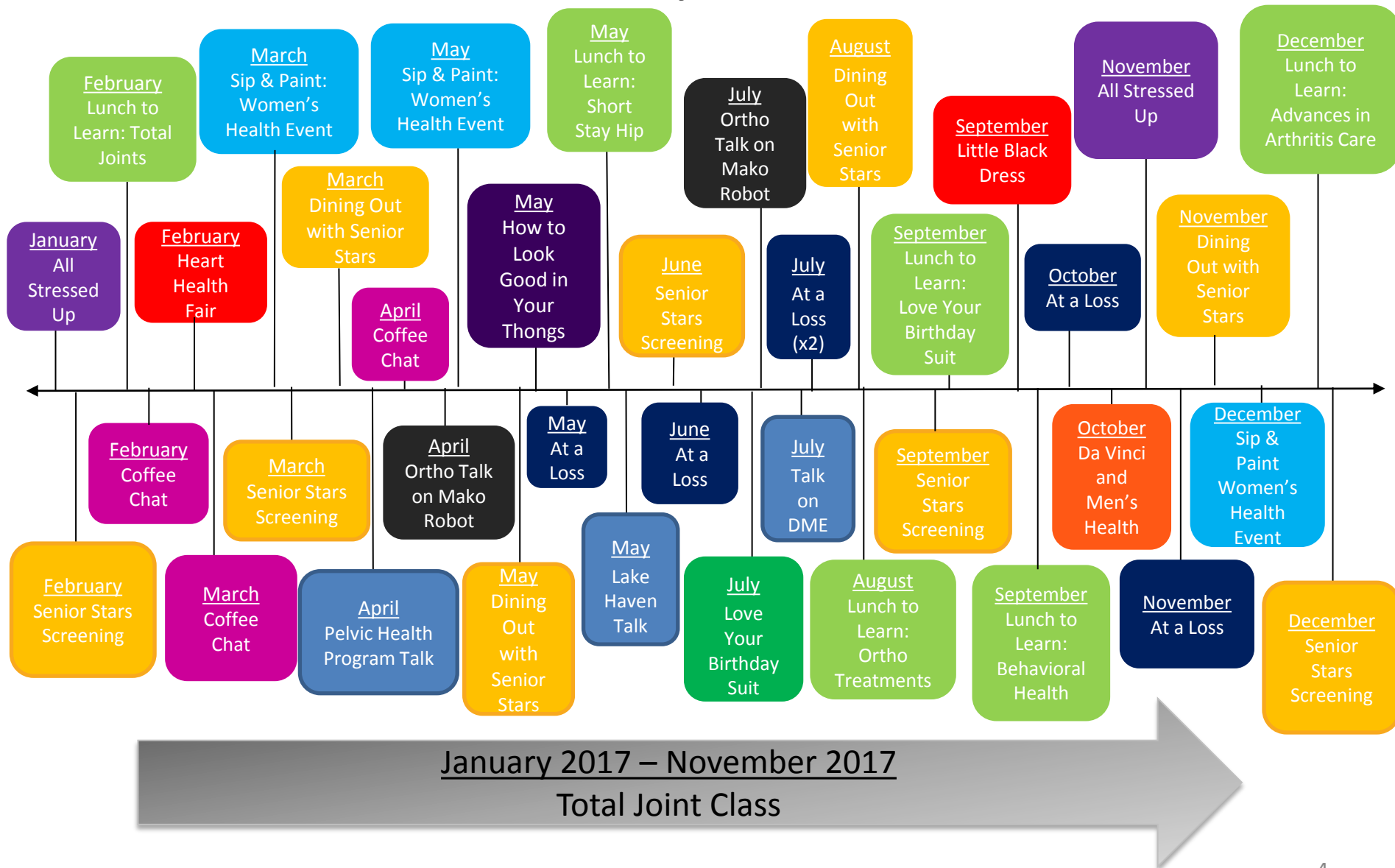
Connecting to Education: Community Health Education 2017

	Community Screenings	Industrial Wellness Screenings	Community Education, Classes, Seminars, Events
January	82		272
February	189	54	710
March	83		154
April	89	48	259
May	139		397
June	170	139	193
July	60		994
August	286	101	203
September	195	41	750
October	231	116	859
November	68		507
December	95		322
Total	1,687	499	5,620

*Industrial Wellness Income is around \$60,000 and includes screenings, flu shots, CPR/FA, and other programming

Connecting to Education

2017 Community Health Education



2017 Programs

Program Name	Program Date
Senior Stars Screening	February, March, June, September, December
Sip & Paint Women's Health Event	March, May, December
Lunch to Learn: Advances in Arthritis Care	December
LBD	September
How to Look Good in Your Thongs	May
All Stressed Up	January, November
Coffee Chat	February, March, April
Lunch to Learn: Total Joints	February
Total Joint Class	January, February, March, April, May, June, July, August, September, October, November
Heart Health Fair	February
Dining Out with Senior Stars	March, May, August, November

2017 Programs

Program Name	Program Date
Pelvic Health Program Talk	April
Ortho Talk on Mako Robot	April, July
Lunch to Learn: Short Stay Hip	May
Lake Haven Talk	May
At a Loss	May, June, July (x2), October, November
Love Your Birthday Suit	July
Talk on DME	July
Lunch to Learn: Ortho Treatments	August
Lunch to Learn: Behavioral Health	September
Lunch to Learn: Love Your Birthday Suit	September
Da Vinci and Men's Health	October

A Broader Connection with Partners: Grow Well West TN

West TN Delta Network Grant & West TN Delta Programming Grant

West TN Delta Network Grant

- 3 year, \$900,000 a year grant
- Paris & Henry County Healthcare Foundation receives \$245,000 each year plus a percentage of carry over funds from prior year if there are any left.
- Year 2 funding is \$321,114
- Currently the grant funds 4.5 FTEs that are dedicated to providing improved care to patients who are underserved, have chronic health conditions, and are readmit risks, which in turn saves the organization money.
 - Allison Castleman, RN, Project Director
 - Melissa Roberson, RN, Care Navigator
 - Tina Umstead, LPN, Community Health Coordinator
 - Amy Odom, Community Health Worker
 - Anna Whitwell, PharmD, Pharmacy Resident
 - And Other Staff Members

West TN Delta Planning Grant

- 1 Year, \$100,000 grant
- Money is being used to formally establish the West TN Delta Consortium to obtain more grant funding
- Grant will be completed in July 2019

Grow Well TN

A West TN Rural Health Delta Initiative

serves the 20 rural West TN Counties and focuses on programs to address needs identified by providers and residents of the region including school-based health services to proactively prevent obesity and address behavioral health among at-risk children, care coordination, chronic disease self-management, access to affordable medicines, access to medical specialists and transportation assistance. The target population for Grow Well TN is adults and children in rural communities throughout the region who are at risk for obesity or those who have chronic conditions such as diabetes, cardiovascular disease and cancer.


Our Partners




Paris and Henry County Healthcare Foundation, Inc. is the lead organization for the Grow Well TN program and places particular emphasis on chronic disease management and prevention programs, care coordination and pharmacy assistance. The Paris and Henry County Healthcare Foundation is the 501(c)(3) fundraising arm of Henry County Medical Center.



Le Bonheur Community Health & Wellbeing
In partnership with Grow Well TN, Le Bonheur Community Health and Wellbeing provides preventative and clinical health services as well as one-on-one health education, case management, and behavioral health services.



UT Extension
UT Extension partners with Grow Well TN by offering the following education:

- **Power U** is an interactive nutritional education and exercise program with curriculum focused on the positive impact that health eating and daily physical activity have on health.
- **Living Well with Chronic Conditions** (developed by researchers at Stanford University Patient Education Center)
- **Take Charge of Your Diabetes and Cancer: Thriving and Surviving** (both developed by Stanford University Patient Education Research Center) are evidence-based programs that focus on self-management of chronic conditions including diabetes, heart disease, cancer, arthritis and lung disease.

Hardeman County Community Health Center

Hardeman County Community Health Center
Hardeman County Community Health Center partners with Grow Well TN to provide coordination of services and health education to those with chronic diseases aimed at helping patients manage their health and decrease risk for further complications. Pharmacy assistance is also provided to patients with chronic disease to help them more easily afford their medications.

Contact for More Information
Allison Castleman, MSN, RN
301 Tyson Avenue
Paris, TN 38242
731-644-9300

Chelece Oseini, MBA, RN
77 Stonebridge Boulevard
Jackson, TN 38305
731-984-9950
chelece.oseini@lebonheur.org

TOTAL PEOPLE SERVED

August 2016-July 2017

5,532

TOTAL ENCOUNTERS

25,281

PHARMACY ASSISTANCE

Money saved August 2016-July 2017

\$480,221

235 People Assisted with 481 Prescriptions

CHRONIC DISEASE MANAGEMENT & CARE COORDINATION

Total People Served in Both Programs

1,924

Documented Reductions:
45%* & 65%** Decrease in BMI
51%* & 59%** Decrease in Blood Pressure
50% & 61%** Reduction in HbA1c
93%* & 96%** Decrease in ER utilization
77%* & 91%** Decrease in Avoidable Readmissions

*Paris & Henry Co. Healthcare Foundation
**Hardeman County

LEBONHEUR ON THE MOVE & PEDIATRIC CHRONIC DISEASE MANAGEMENT

Total Children Served

1,668

Documented Results:
72% Decrease in BMI
46% Decrease in Blood Pressure
47% Increase in Fruit & Veggie Consumption
38% Increase in Physical Activity

UT EXTENSION

TOTAL PEOPLE TAUGHT

2,069

Documented Results:
27% Increase Fruit & Veggie Intake
24% Increased Water Consumption
29% Increase Physical Activity
73% to 80% Better Management of Chronic Conditions
81% to 92% Better Management of Pain
50% to 71% Fewer ER Visits

Funding for these programs is provided by Delta States Rural Development Network Program Grant- HRSA and FORHP

A Broader Connection with Partners

Delta Grant Community Education 2017

Henry County Office Only

	New	Total	New	Total	New	Total	New	Total		Total New	Total Encounters
	RX Assist		CDM		Care Nav		RX Clinic		Comm Events		
January	4	65	6	191	123	450	0	0	134	133	840
February	4	301	8	262	115	311	2	2	362	129	1238
March	7	128	6	95	105	307	1	3	17	119	550
April	4	98	3	130	89	309	3	3	87	99	627
May	6	122	7	202	74	259	2	3	202	89	788
June	5	102	7	184	71	253	3	6	321	86	866
July	5	430	4	618	75	263	4	7	643	88	1961
August	5	102	12	154	75	286	2	6	122	94	670
September	7	258	4	353	94	330	0	5	590	105	1536
October	6	125	6	156	75	289	0	2	295	87	867
November	4	89	3	106	90	383	0	0	295	97	873
December	7	78	25	210	97	394	0	3	73	129	758
Total	64	1,898	91	2,661	1,083	3,834	17	40	3,141	1,255	11,574

Connecting to Our Community

Highlights from 2017

Growth

- **Spirit of Women Membership**

- Spirit of Women Membership grew by 2,785 to make our database for communications 3,137 who are directly interested in learning about HCMC
- Spirit of Women magazine distribution grew by 8%

- **Community Education**

- We touched over 7,000 people this year with our screenings, classes, seminars, events, and other educational opportunities.
- We are seeing documented improved health statistics and access to care with our education, chronic disease management, pharmacy assistance, and care navigation programs.